

Pt Name: TEST, BOB

Egd prep

## **ESTRELLA GASTROENTEROLOGY**

You are scheduled to have the inside of your stomach inspected using a video-camera equipment. A proper preparation is very important for an adequate examination, please follow the instructions carefully.

- Since you will be given sedatives, you will not be allowed to drive after the exam. Hence you must have someone that can drive accompanying you to the hospital. Plan on spending 2-3 hours in the hospital.
- There are always some risks to any examination. The complications of upper endoscopy include perforation (a hole in the food pipe or the stomach that may require surgery to be fixed, bleeding (which may require a blood transfusion) and drug reactions, among others. These complications are rare, occurring in less than one percent of the cases.

### **WEEK PRIOR TO EXAMINATION**

If you are taking **blood thinner (Coumadin, Lovenox or Heparin)**, the doctor will instruct you on when to stop taking these medications.

### **DAY BEFORE EXAMINATION**

You are allowed to have dinner but not to eat after midnight.

### **DAY OF EXAMINATION**

You can take your heart and blood pressure medication the morning of the test with a sip of water. If you are on diabetic pills, don't take them the morning of the procedure.

**Do not eat or drink the day of your procedure.**

If there is any **questions or rescheduling of your appointment**, please call the office **623-935-4056** as soon as possible.

Thank you